

# WHAT'S IN SEASON?

|                    | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov |
|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Apples             |     |     |     |     |     |     |     |     |
| Asparagus          |     |     |     |     |     |     |     |     |
| Beans              |     |     |     |     |     |     |     |     |
| Beets              |     |     |     |     |     |     |     |     |
| Blackberries       |     |     |     |     |     |     |     |     |
| Blueberries        |     |     |     |     |     |     |     |     |
| Broccoli           |     |     |     |     |     |     |     |     |
| Cabbage            |     |     |     |     |     |     |     |     |
| Cantaloupe         |     |     |     |     |     |     |     |     |
| Carrots            |     |     |     |     |     |     |     |     |
| Cauliflower        |     |     |     |     |     |     |     |     |
| Cherries           |     |     |     |     |     |     |     |     |
| Collards           |     |     |     |     |     |     |     |     |
| Cucumbers          |     |     |     |     |     |     |     |     |
| Eggplant           |     |     |     |     |     |     |     |     |
| Endive & Escarole  |     |     |     |     |     |     |     |     |
| Grapes (Table)     |     |     |     |     |     |     |     |     |
| Kale               |     |     |     |     |     |     |     |     |
| Leeks              |     |     |     |     |     |     |     |     |
| Leafy Lettuce      |     |     |     |     |     |     |     |     |
| Mustard Greens     |     |     |     |     |     |     |     |     |
| Onions             |     |     |     |     |     |     |     |     |
| Parsnips           |     |     |     |     |     |     |     |     |
| Peaches            |     |     |     |     |     |     |     |     |
| Peas (Green)       |     |     |     |     |     |     |     |     |
| Peppers            |     |     |     |     |     |     |     |     |
| Potatoes           |     |     |     |     |     |     |     |     |
| Pumpkins           |     |     |     |     |     |     |     |     |
| Radishes           |     |     |     |     |     |     |     |     |
| Raspberries        |     |     |     |     |     |     |     |     |
| Raspberries (Fall) |     |     |     |     |     |     |     |     |
| Rhubarb            |     |     |     |     |     |     |     |     |
| Spinach            |     |     |     |     |     |     |     |     |
| Squash (Summer)    |     |     |     |     |     |     |     |     |
| Squash (Winter)    |     |     |     |     |     |     |     |     |
| Strawberries       |     |     |     |     |     |     |     |     |
| Sweet Corn         |     |     |     |     |     |     |     |     |
| Tomatoes           |     |     |     |     |     |     |     |     |
| Turnip Greens      |     |     |     |     |     |     |     |     |
| Turnips            |     |     |     |     |     |     |     |     |
| Watermelon         |     |     |     |     |     |     |     |     |

