

SPECIAL GUESTS

CHRIS HART

“Pioneer Superstitions Don’t Sing at the Table”

History Comes to Life is a venture that enables Chris Hart to combine two areas of personal interest; history and storytelling. Appearing in costume Chris brings to life numerous historical and literary characters, over 50 to date and still expanding.

Chris’s interest in history was featured in: *In Character*, *Ohio Magazine*, *Now and Then Magazine*, and *Ohio Cooperative Living* as well as numerous newspapers throughout the state. He serves as adjunct faculty at 5 universities and 1 college in Ohio as well as guest lecturer at 3 other universities.

Chris has served as program development manager at Historic Roscoe Village in Coshocton. He is a member of the Ohio Order of Storytellers and has had the pleasure of performing at the National Storytelling Festival in Jonesborough, TN and for the National Park Service in PA. Tuscarawas County Historical Society awarded Mr. Hart the Zeisberger Heckewelder Medal for outstanding contributions to local history.



Chris and his wife Susie enjoy biking and traveling and raising their dog, Andi.



LUANN EVERETT

“From Out of the Hat Box”

Luann has been collecting vintage clothing since she was a teenager, wearing some of the vintage clothes in her high school years.

She has always loved history and soon turned to genealogy. She is one of the First Families of Ohio, and First Family of Allen and Auglaize County. She works diligently on her family tree on her maternal side.

As a Kiwanis member, she is helping in the “Diva Den” which is a free prom gown giveaway. She has made it her mission to make sure there are gowns in sizes 16-26 for the fuller figure. These are hard to find and very expensive to buy. She wants all girls to have the opportunity to attend prom in the gown of their dreams!

Since Luann loves history, it was no surprise that the clothing and history would intertwine to become historical programs through ladies’ clothing. And she also makes historical reproduction clothing for programs at several museums in the area.

THIS EVENT MADE POSSIBLE WITH SPONSORSHIPS & DONATIONS FROM:

Carroll County Farm Bureau
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Baltic State Bank

~ AREA HOTELS ~

Quality Inn	Comfort Inn & Suites
2024 Ohio SR 39	1120 Gateway Place
Dover, Ohio	Dover, Ohio
(330) 364-8881	(330) 365-9388



CARROLL, HARRISON,
JEFFERSON AND
TUSCARAWAS COUNTIES

For more information contact our
County Farm Bureau Office

Phone: 330.339.7211 / 888.265.2090
Check us out on Facebook too!

FARM BUREAU PRESENTS



Straight from the Heart

A Women’s Wellness Event

Saturday, October 15, 2022

Registration Begins at 8:30 am

Union Hill Methodist Church
7877 Union Hill Road NW
Sugarcreek, Ohio

Join us for an informative day
of fun, learning, and fellowship
in the heart of Amish Country!
Experts will share information
on a variety of topics that
matter most to women.

SESSIONS AVAILABLE

AGENDA

- 8:30am Registration & Continental Breakfast
- 9:00am Kick Off Speaker
Chris Hart
- 10:00am Session 1
- 11:15am Session 2
- 12:30pm Lunch & Keynote Speaker
Luann Everett
- 2:00pm Session 3
- 3:15pm Session 4
- 4:30pm Door Prize Drawings
- 5:00pm Dinner & KitchenAid Drawing

Safe Travels Home!

Optional Saturday Evening Entertainment

Conclude your day of fun with a few more laughs at the Amish Country Theatre



Show starts at 7pm

Tickets are \$27.00

Funny Side Up starts with rip-roarin' audience adventure and interaction and ends with a comedy classic from renowned ventriloquist, Ken Groves. Comedian Lynyrd will tickle your ribs telling stories and the Beachy Boys' now famous song parodies will keep your toes tappin'. Renowned entertainer Donnie Abraham hosts & sings your favorite songs.

1. **Intro to Belly Dance!**
Tawnia Atler
Learn the basics of Belly Dance while having FUN!
2. **Dried Flower Art**
Patty Quaglia & Carol InFante
Mt Pleasant Garden Club
Learn how to dry flowers and create decoupage dry flower art.
3. **Eating to Live vs Living to Eat**
Michelle Dallacheisa, Leap of Faith Wellness LLC
We all have a secret love affair with food. Lets look at what our bodies require vs. what we actually eat. Learn easy way to transform your food thoughts while getting healthy meal planning ideas and recipes.
4. **Healthy Habit Tool Kit**
Michelle Dallacheisa, Leap of Faith Wellness LLC
This tool kit is packed with information on nutrition, fitness and mindset. Learn simple ways to make small changes that add up to BIG results.
5. **Chocolate & Crafts**
Kathy Ellis
Learn to use molds to decorate pretzel rods with chocolate. Yum! Share craft examples and ideas.
6. **Zumba**
Bonnie Smith, Zumba Fitness
Zumba is a dance fitness class that uses dancing to burn off calories to lively music. This class will be a low impact beginner friendly! Join the fun!!
7. **Let's Talk: Taking care of YOUR Mental Health**
Bridget Britton, OSU Extension
Let's take a deeper dive into the importance of self-care. Do you have a self-care plan? Learn how to create one, and why it is crucial for not only your mental health, but for those around you.
8. **The Wonders of Herbs**
Barb Dewy
Learn the basics on herbs featuring culinary herbs. Plant a six pack of your favorites herbs to take home.
9. **Chocolate for All Occasions**
Michele Specht
Learn to make chocolates for special occasions and holidays!
10. **Self Defense 101**
Alisha Shaeffer
Let's learn about the Four A's of self defense and focus on personal safety, highlight a few self defense products, and introduce techniques that anyone can do.
11. **Massage Therapy**
Stacy McQuiston
It is all about RELAXATION! Chair message demonstration with group participation.
12. **Relax, You've Got This!**
Polly Givens, Oil & Herb Apothecary
Learn about soothing and calming herbs and how and when to use them. Make a personalized bath soak to take home.
13. **Classic Chair Exercise Class**
Kathleen Johnson, Tuscarawas County YMCA
Have fun and move to the music with a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living.
14. **Backyard Birds**
Erika Lyons, OSU Extension
Learn ways to attract birds to your backyard while maintaining sanitary conditions for your guests. Craft your own "bird swing" or lander to take home.
15. **You can fix it! - Basic Clothing Repairs**
Louise Harding
Learn basic sewing repair. Learn what to look for when purchasing clothing that is long-lasting to help prevent wear and tear.
16. **Be At Ease: Gentle Yoga for All**
Sarah DiFazio, Yoga Teacher & Trainer E-5-RYT
Gentle yoga will use gentle poses to promote body awareness, function and mobility and help ease tension in the body and mind. Class will be accessible for most anyone that can get on the ground or wants to use a chair. Yoga mats are encouraged.
17. **Be Mindful: Breathing & Meditation**
Sarah DiFazio, Yoga Teacher & Trainer E-5-RYT
Follow Gentle Yoga or on its own, get into a comfortable position, discuss the benefits to breathing practices and then get to experience a few different styles before settling into a deep, partially guided meditation. A yoga mat or beach towel is recommended for this class.

REGISTRATION

Name: _____

Street Address: _____

City/State/Zip Code: _____

County: _____

E-Mail: _____

Fees: \$25.00 (Farm Bureau Member) _____

\$35.00 (Non-Member) _____

Funny Side Up (Tickets - \$27.00) _____

T-Shirt (\$15.00) Size: _____

Total Due with Registration \$ _____

REGISTRATION DUE BY OCTOBER 1st!

Choose your Sessions —

Please list your preferred session # selection in the available time slots listed below. Session # is next to Session Title. **Sessions are first come-first served.**

10AM Session Options:

1, 2, 3, 5, 6, 7, 8, 9, 10, 11

#1 Choice: _____ Alternate: _____

11:15AM Session Options:

1, 2, 4, 5, 6, 8, 9, 10, 11

#1 Choice: _____ Alternate: _____

2:00PM Session Options:

1, 2, 3, 5, 6, 12, 13, 15, 16

#1 Choice: _____ Alternate: _____

3:00PM Session Options:

1, 2, 4, 12, 13, 14, 15, 17

#1 Choice: _____ Alternate: _____

Detach this section and mail to:

Farm Bureau, 2146 E High Ave. New Philadelphia 44663

OR

Call Office at 330.339.7211 to register & pay with credit card

REGISTER EARLY—Session fill First Come, First Served!

Please mail your registration with payment to:
Farm Bureau, 2146 E High Ave, New Philadelphia, OH 44663
Checks should be made payable to Farm Bureau