



# **REQUEST FOR MEDICAL RECORDS**

**Attention Provider:** Any expense incurred in obtaining medical records is to be paid by the applicant.

Date: Primary Applicant Name: Address: City, ST, Zip:		<del>-</del>	Patient Name: DOB: County Office:	
Th	e following medical information is requ	uired for adults ages 40 through 64, w	rho are applying for coverage.	
Ple	ease have a physician attach the medic	cal information needed:		
1.	Current height, weight, and blood pr	ressure readings taken within the last	: 12 months.	
2.	Fasting lipid (cholesterol) panel results taken within the last 12 months.			
3.	3. Fasting glucose (sugar) results taken within the last 12 months.			
4.	Copy of pharmacy printout for the last 12 months (to include all pharmacies used)			
	review of the required medical records derwrite and process the application.	s may prompt a request for additiona	I medical information to accurately	
	ote: The required medical records must requested, e requested effective date requested,		late the application is submitted or	
	addition to attaching medical records, low.	any information the physician feels is	s necessary may be provided in the space	
Ap	plicant Signature		Date	
 Ph	ysician Name (Please Print)	Physician Signature	 Date	

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#### **Instructions for Submitting Medical Records.**

Please submit both pages of the form along with any supporting medical records using one of the methods below:

Email: underwritingforms@fbhpservices.com | Fax: 931-560-4293

#### **Secure Portal Upload:**

You may upload your documents via our secure portal using one of the following methods:

#### Option 1: Log in to the Application Portal

- Log in using the credentials you created when submitting your application.
- Once logged in:
  - Select 'Applications' in the red navigation bar.
  - Select 'Upload Medical Records'
    - Select 'New File'
    - Enter a file name
    - Click 'Upload Files'
    - Select 'Save' and then 'Submit' to complete the upload.

# Option 2: Call 833-468-4280 to request a link be emailed to you

- Click the link provided in the email requesting your medical records.
- Enter the passcode sent in a separate email.
- If you do not have an account, click 'Registration' to create one.
- Once logged in:
  - 1. Select 'New File'
  - 2. Enter a file name
  - 3. Click 'Upload Files'
  - 4. Select 'Save' and then 'Submit' to complete the upload.

### File Requirements

Maximum file size: 50 MBAccepted format: PDF only

• File name must be 100 characters or fewer

## Applicants are encouraged to keep a personal copy of all medical records submitted.

To obtain a copy of medical records the applicant must contact the Privacy Office at 833-468-4280. There will be a charge for the return of medical records.

Please note that coverage is not guaranteed and is contingent upon meeting all underwriting requirements, including an evaluation of your health history and condition.

## Additional helpful information regarding medical record submission:

#### **Altered Medical Records**

Any alterations (covered, redacted, or assembled sections of medical records) render the entire document unacceptable.

# **Lipid Panel**

A complete lipid panel is required and includes the following: Total Cholesterol, HDL – High-Density Lipoprotein, LDL Low-Density Lipoprotein, and Triglycerides. Lipid panels from Wal-Mart, CVS, or other pharmacies are acceptable.

#### **Pictures and Screenshots**

Avoid submitting pictures of medical records. Images are often distorted and unreadable.

# **Third-Party Vendors**

Medical records from third-party vendors should be sent directly to the applicant—not to FBHP—because a passcode is required to access the records, and FBHP does not have access to the passcode.